

the koan texts and pdf

In Chinese Chan and Korean Seon, the primary form of Koan-study is kanhua, "reflection on the koan", also called Hua Tou, "word head". In this practice, a fragment of the koan, such as "mu", or a "what is"-question is used by focusing on this fragment and repeating it over and over again: Who is it who now repeats the Buddha's name?

Ka-an - Wikipedia

The Book of Serenity Chinese: 禅心经; pinyin: cānxīnjīng, also known as the Book of Equanimity or more formally the Hāngzhān Chānshū « Guāngjīng Chinese: 光明经, has a longer version of this koan, which adds the following to the start of the version given in the Zhaozhou Zhenji Chanshi Yulu.

Mu (negative) - Wikipedia

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Index of /ebooks - The Avalon Library

Bibliography of Translations from the Chinese Buddhist Canon into Western Languages. Last updated: 2018-12-03. This is a working bibliography of translations of Chinese Buddhist texts mainly from the Taishan edition of the canon.

Bibliography of Translations - mbingenheimer.net

Verlichting is niet iets dat iemand kan afdwingen. Toch worden er methodes gebruikt, waarvan de bekendste en meest gebruikte de meditatie en de koan-studie zijn.

Zen - Wikipedia

The two great ancient epics of India, Ramayana and Mahabharata (c. 1000-500 BC) are centered on conflicts and refer to military formations, theories of warfare and esoteric weaponry. Among the principal works and stories that are a part of the Mahabharata are the Bhagavad Gita, the story of ...

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